# Annual

Report

2020 - 2021







Lisha Chheda



Ishita Manek

# FROM THE DIRECTOR'S DESK

Hello,

We hope you and your loved ones are safe and well.

We remember when we were in school, the annual day made everyone nervous irrespective of what our report card looked like. Today, we feel a slight sense of relief with the grip of the pandemic loosening for now. 2020 is a year that will be very hard to forget. It affected individuals and families deeply, it also impacted institutions and industries of all kinds, financial, hospitality, including the not for profit sector.

When the pandemic hit us last year, we were caught completely unaware, just like every other NGO. There was no precedent, no set of SOPs that we could suddenly follow, no plan B that could have prepared us for what was coming ahead. There were challenges — access to children was drastically reduced and parents and educators shared with us about how children were experiencing digital burnout. With children being at home with parents, most families felt that their children would perhaps not be so vulnerable to sexual abuse, hence did not prefer children to spend time online for these programmes. There were challenges with confidentiality for individual sessions and we had to suspend this crucial part of our programme.

We worked through these by re-focusing our outreach towards parents and educators, to empower them to educate children under their care about body safety. We capitalised on our professional skills as mental health professionals to provide counselling services to everyone as we were cognisant of the mental health toll the pandemic had taken on everyone. Some of our partners reached out to us for programmes on mental health management and well-being for their staff or children and we held such programmes for them, to that effect.

While this year was a tough one, it was also one of great learning and a test of our resilience. Your support is what has helped us stay afloat whilst many, many NGOs were forced to wind down and shut shop. There can be vaccines for viruses, but there are no vaccines to prevent child sexual abuse. Therefore, our work will continue to remain relevant and is much needed if we are to try to achieve a world that is safe for children. There were reports of how the lockdown may have caused a spike in sexual abuse, both offline and online. There is much work to be done, we are preparing to serve those who need us the most-children- with schools beginning to slowly open up. We hope you will be joining us in this fight to safeguard children from the evil of sexual abuse and its long lasting, life altering impacts.



Thank you.

Warm Regards,

Lisha Chheda and Ishita Manek

Co-Founder and Director

Rubaroo Breaking Silences Foundation





# Start body safety conversations with children from a young age

(2 yrs+ onward)

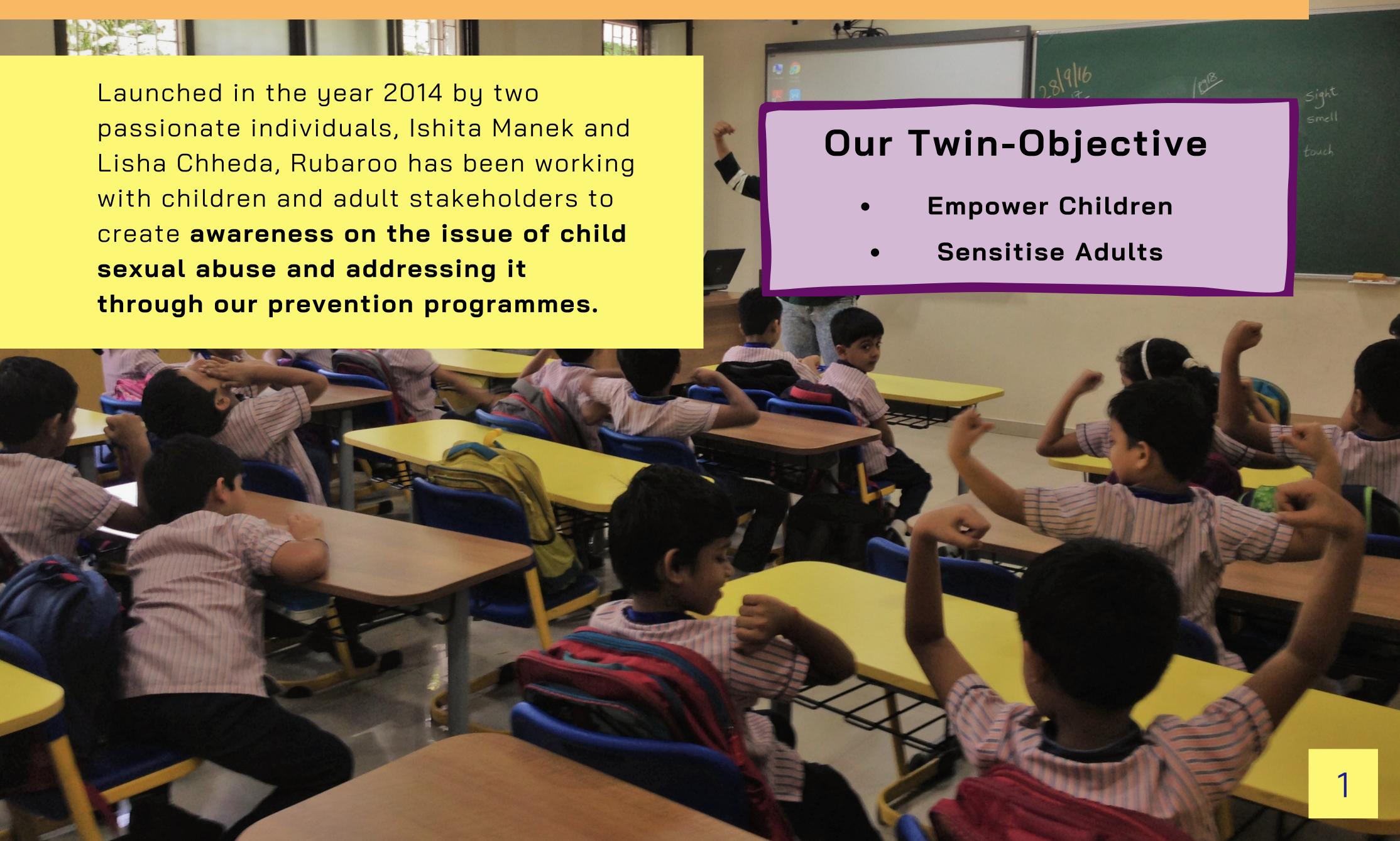


BREAK THE SILENCE
TIP #1

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#### Empower Children



Knowledge to deal with unsafe situations



Promote gender sensitivity



Age-appropriate sexuality and reproductive health education





#### Sensitise Adults



Build Empathy



Recognise signs of distress in children



Appropriately respond to a child's disclosure of unsafe experiences





## Our Programmes

# My Body, My Safety (MBMS) Programme for Children and Youth

Aims at holistic empowerment of children.

# Child Sexual Abuse (CSA) Awareness Programme for Adults

Educating and sensitising adults to create a safety net around children.

#### **Teacher Training Programme**

The aim is to provide teachers with adequate skills and knowledge to handle concerns related to child sexual abuse more effectively.

#### Overall Impact that we aspire to achieve:



Increased respect for others' body boundaries



Children become change makers (talk about CSA and related topics with peers, family, community, etc.)



Become more vigilant and take appropriate action



Acceptance of others irrespective of their sexuality, gender, etc





# Help children identify their trusted adults and ensure that those trusted adults are informed about this



BREAK THE SILENCE TIP #2



# Elements that we cover in our programme

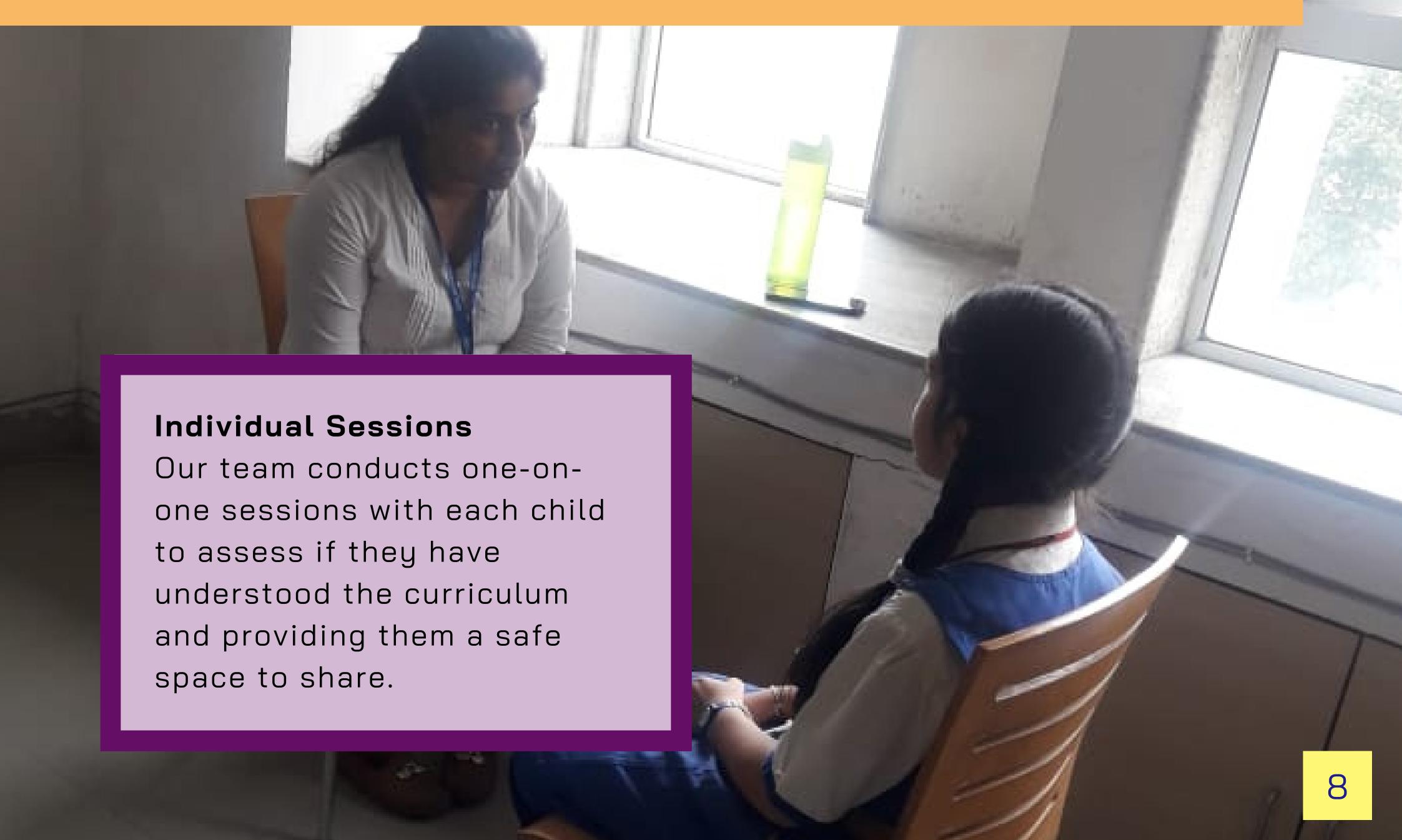
Along with body safety rules, we also include dialogues on sexuality, gender, reproductive health, consent etc.

#### Overall programme flow

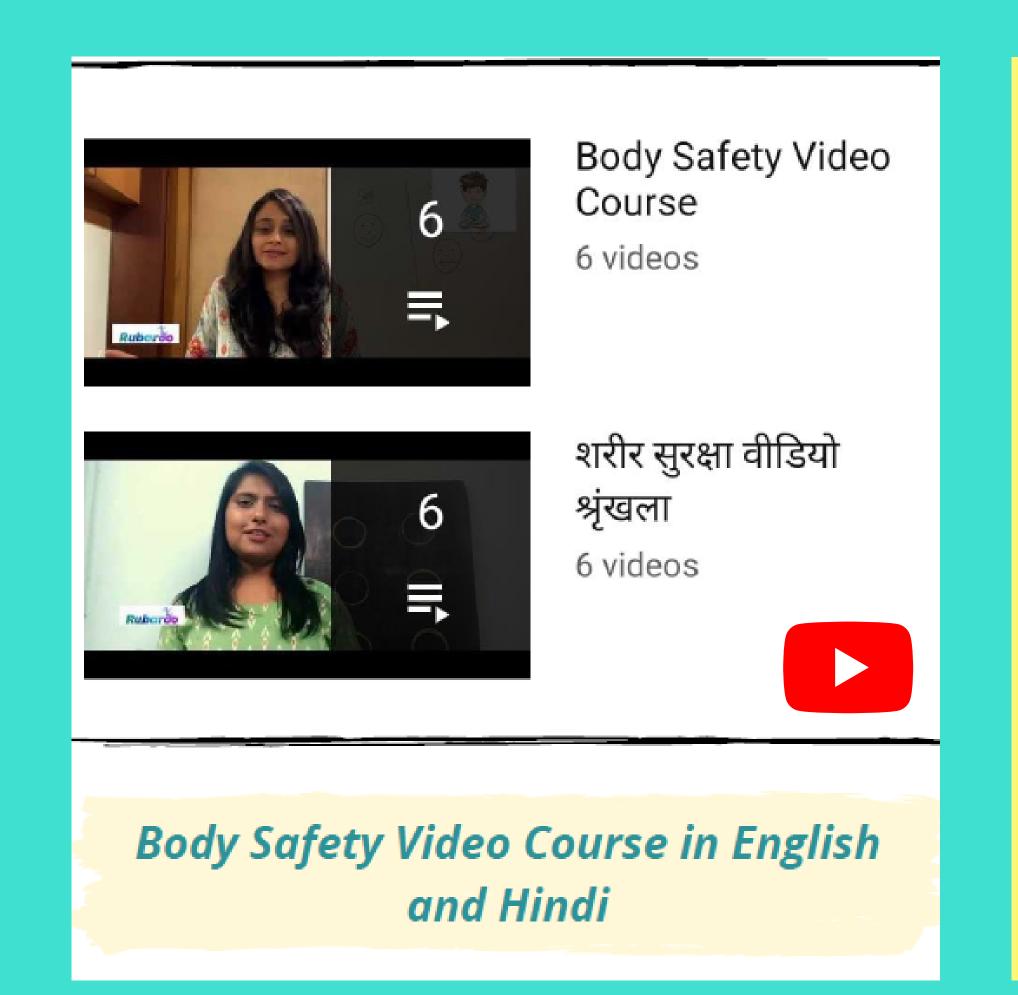
We believe that child safety is an adult's responsibility. Before the session with children, we mandatarily conduct programme with their parents/caregivers.







# Rubaroo's Response to Covid

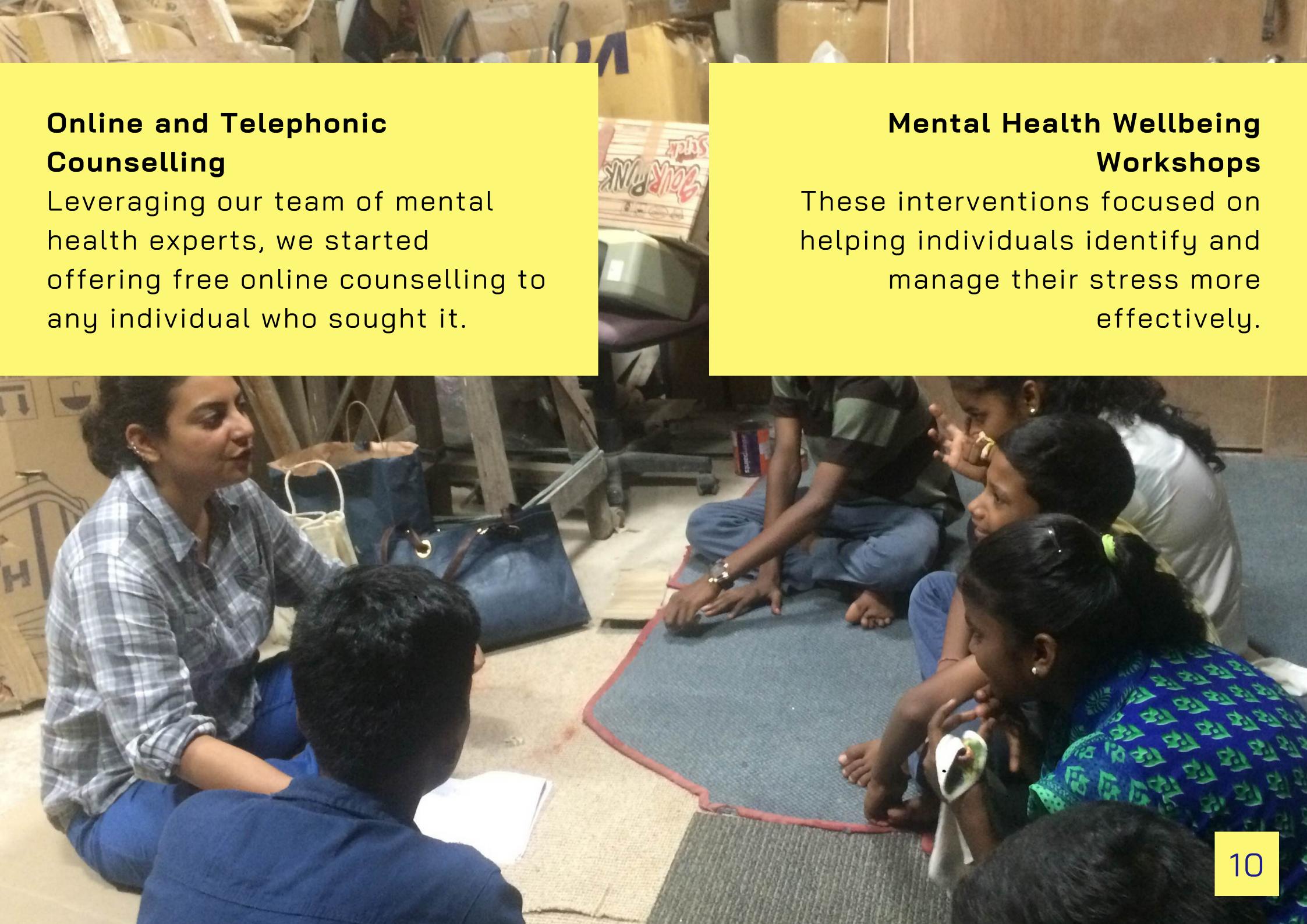


Direct access to children was a major challenge at the start of the pandemic. Therefore, we launched a basic body safety course that enables adults to have dialogues with children about their safety.

The course equips adults to recognise the signs of sexual abuse & how to handle crisis situations better.

It also provides a list of resources available for child protection.

The course is available on our YouTube Channel "Rubaroo Breaking Silences Foundation".



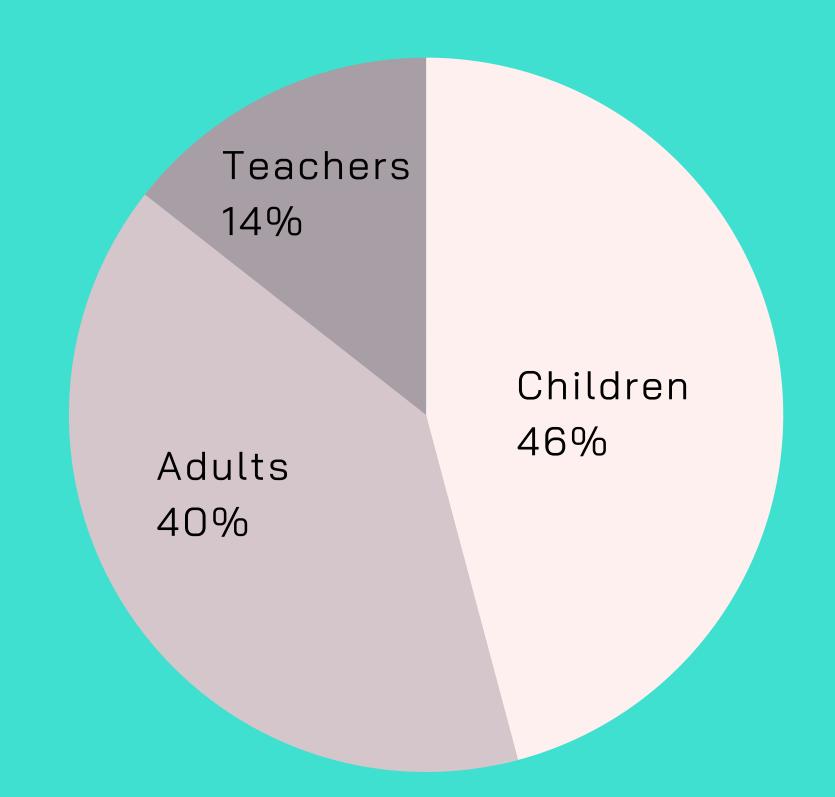
## Outreach And Outcome

Through our CSA prevention programmes, we mainly reach out to:

- Children
- Adults (parents, caregivers, staff members, school leaders, etc.)
- Teachers

(As mentioned under "Our Programmes" page earlier)





Total direct outreach was 2663 individuals for spreading awareness on child sexual abuse and its prevention

#### Digital Interventions

We partnered with BabyChakra and conducted three live sessions on the following topics:

- Sensitively Handling Disclosure-Child Sexual Abuse
- Teaching your child how to develop body boundaries
- Understanding Child Sexual Abuse
   During Pandemic

Our volunteer also **published an article** with the title "Child Sexual Abuse And The Covid-19" on the platform

9066

1196

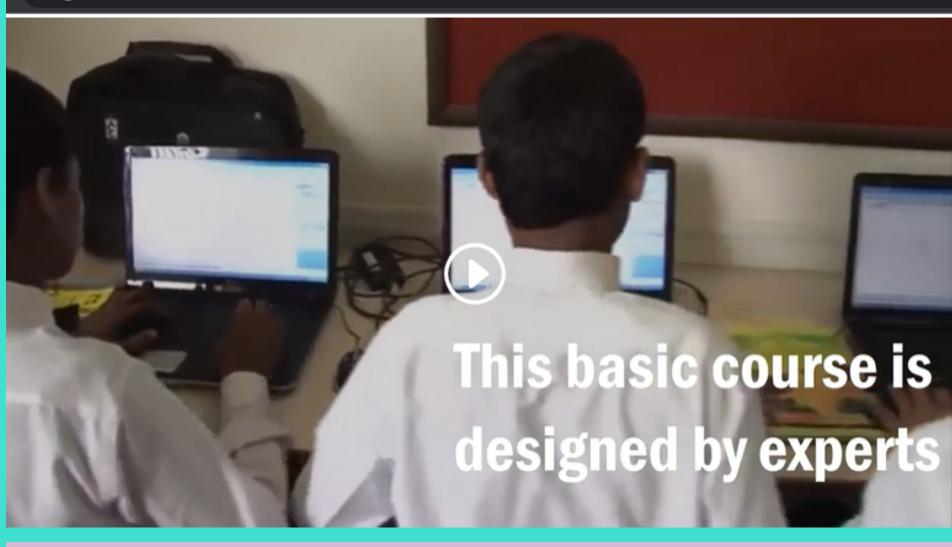
2.6 lakhs

average views on the sessions

average likes on the sessions

views on the article

gurushala.co/detail/MTc=



We published a basic body safety course on **Gurushala and YouTube.** 

The course includes various activities, infographics, games, questionnaires, and resources.

200

237

number of enrolments on Gurushala

number of views on YouTube

#### **New Interventions**

Two new interventions were introduced during the pandemic:

- Mental Health Wellbeing
- Counselling for All

501 201 37

adults sessions people counselled

We were able to reach out to 501 adults for our mental health wellbeing intervention.

Under our counselling for all intervention, our team conducted 201 sessions overall and counselled 37 people. Of these 37 people, **10** were minor.



#### **Customised Programmes**

# Here is a list of our customised programmes

- Sensitising adults on handling victims of CSA
- Gender sensitivity
- Group therapy sessions
- Sensitisation of judicial personnel
- Customised CSA programmes

254

We did our customised programmes with 254 adults



#### **Outcomes**

To measure the outcomes of our CSA programmes, we conduct a baseline and endline survey with our participants.

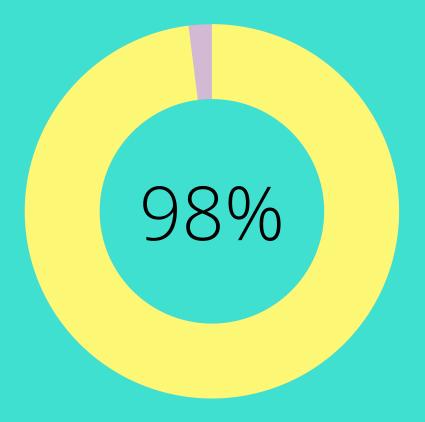
These surveys contain simple yes and no answer-type questions that help us gauge the knowledge levels of the attendees before and after our session. The shift in knowledge is the outcome.

For each of our programmes, we have various **broad indicators**. We measure these indicators with the help of the responses we get on our baseline and endline survey.

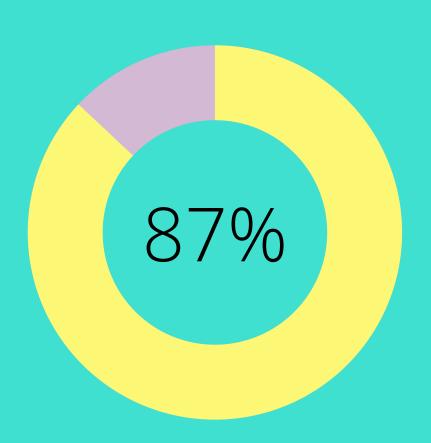
\*: Not all programme participants completed the post-test, due to the challenges of administering the test and the programmes online. While we have compared the % of adequate and appropriate responses in the pre test and the post test, the data may suffer from statistical deficiencies, because of the discrepancies in the number of respondents.

#### Teacher Training Programme

**Indicator**: Teachers who could identify the myths around CSA

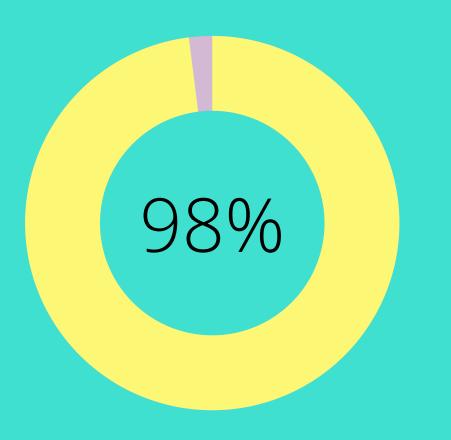


teachers
understood that
CSA is not just
rape (penile
penetration) of a
child.
(Up by 15%)

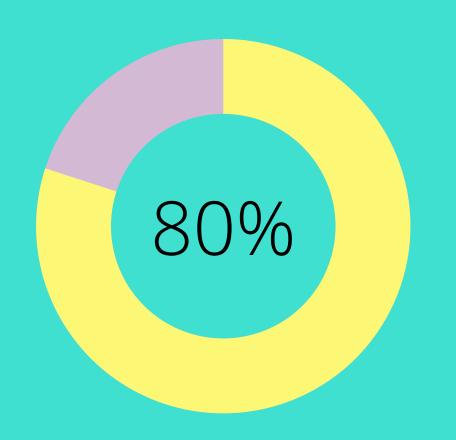


teachers
understood that
CSA can happen
to child
irrespective of
social or
economic
background.
(Up by 19%)

Indicator: Teachers who gained awareness around CSA



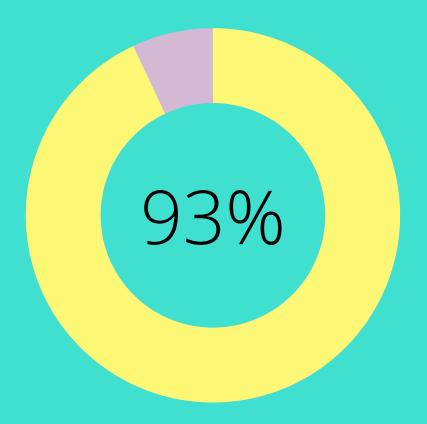
teachers
understood that
viewing and
sharing child
pornography is a
form of CSA.
(Up by 9%)



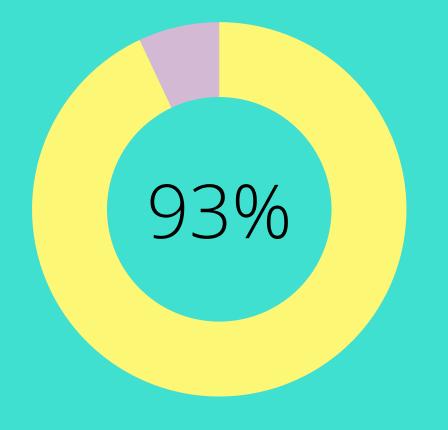
teachers
understood that
children and
young people can
be groomed
online.
(Up by 16%)

#### Teacher Training Programme

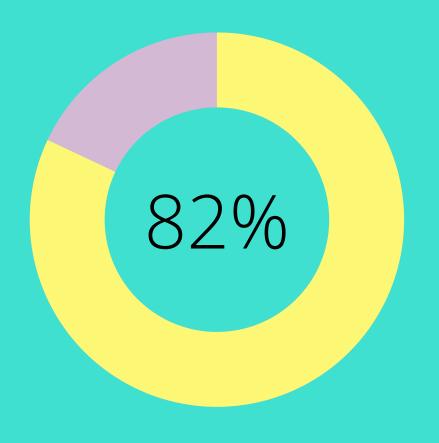
**Indicator**: Teachers who could identify the signs of CSA and methods to sensitively handle disclosure



teachers could
recognise signs
of when a child
is at risk.
(Up by 27%)



teachers
understood how
to respond when
an adult relative
is touching a
child in a manner
that makes the
child
uncomfortable.
(Up by 20%)

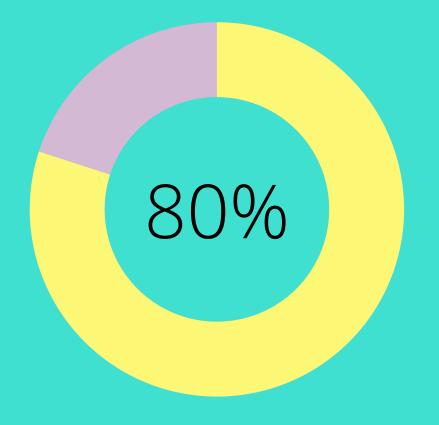


teachers
understood that
reporting abuse
does not bring
shame to the
child and the
family.
(Up by 19%)

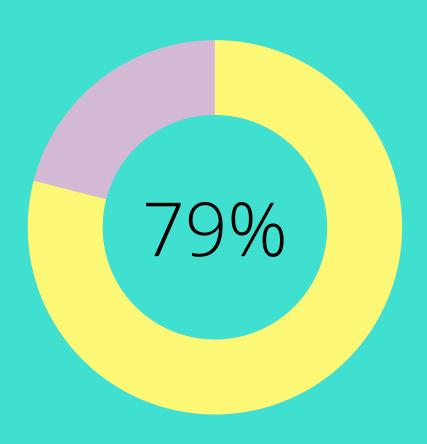
\*Caveat applies

#### **CSA Awareness Programme**

**Indicator**: Adults who could identify myths around CSA

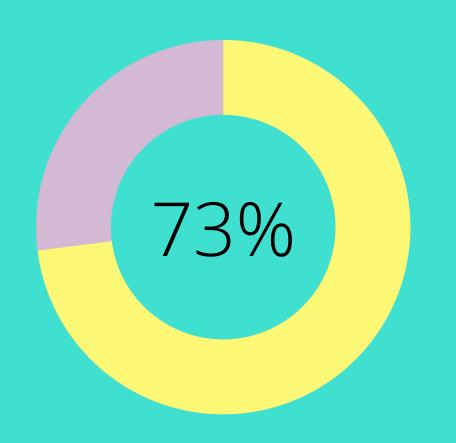


adults
understood that
CSA is not just
rape (penile
penetration) of a
child.
(Up by 12%)

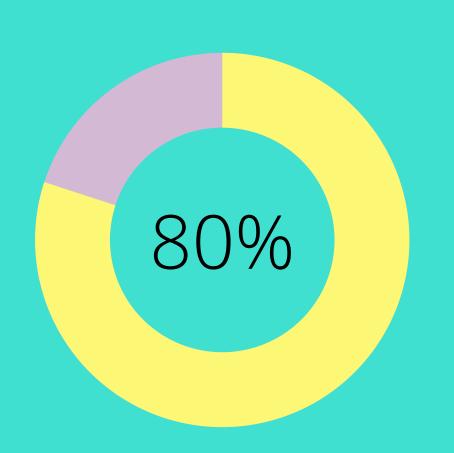


adults
understood that
children should
not be
encouraged to
simply forget
about abuse.
(Up by 37%)

**Indicator**: Adults who could identify methods to senstively handle disclosure



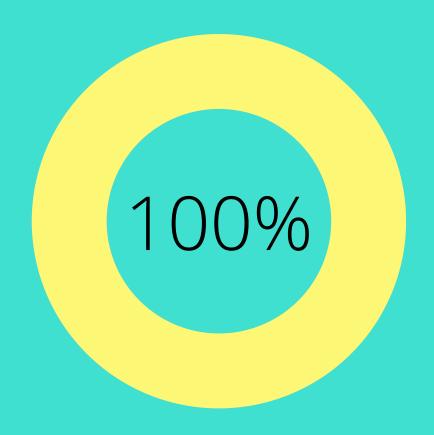
adults
understood that
the abuser
should not be
confronted
infront of
children.
(Up by 83%)



adults
understood that
if a child
discloses abuse,
they should not
question them
repeatedly to
make sure their
story adds up.
(Up by 89%)

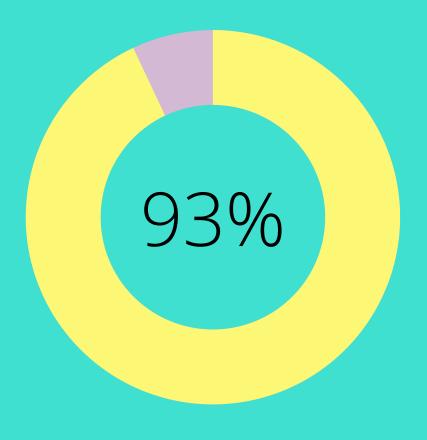
#### **CSA Awareness Programme**

**Indicator**: Adults who understood that children should be empowered with appropriate vocabulory



adults
understood that
children should
be taught names
of private body
parts.
(Up by 25%)

**Indicator**: Adults who gained awareness on CSA

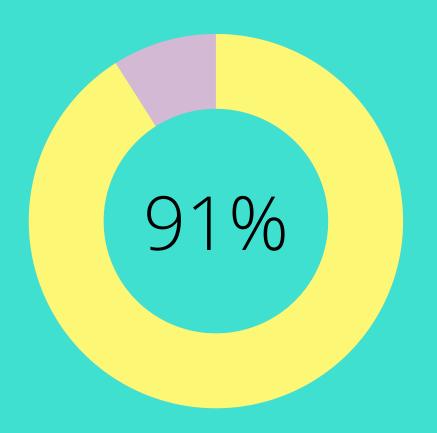


adults
understood that
children and
young people can
be groomed
online.
(Up by 28%)

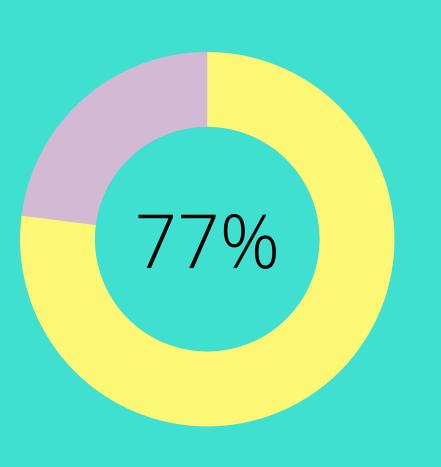


#### (3rd and 4th Standard)

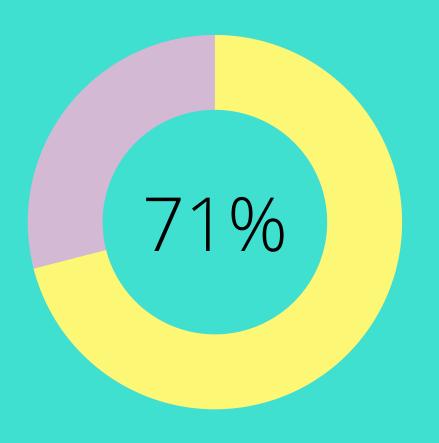
Indicator: Awareness of and empathy towards personal safety (touch, space, situations)



children
understood that
it is not safe to
touch others'
private parts.
(Up by 70%)



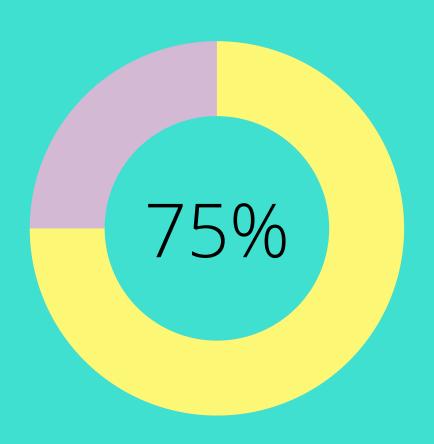
children
understood that
if someone
touches them in
a way that
makes them feel
unsafe, the
person is
breaking their
body safety rule.
(Up by 124%)



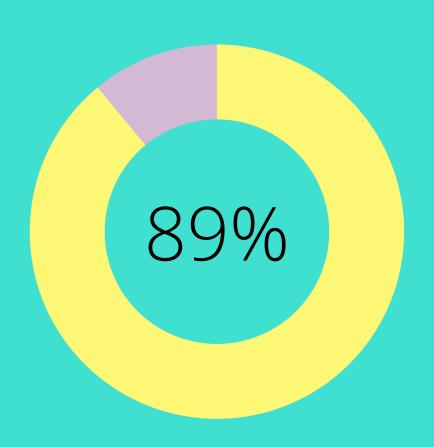
children were able to correctly identify at least three of the feelings as 'unsafe'. (Up by 19%)

\*Caveat applies

Indicator: Children who understood that if their body boundaries are being violated, they should say 'no' and get away



children
understood that it
is okay to say 'no'
and move away if
someone touches
them in a way that
they do not like.
(Up by 38%)

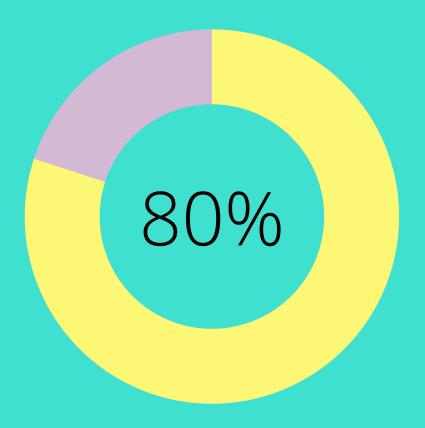


children
understood that if
a friend shows
them a video
where no one is
wearing clothes,
they will not
watch the video.
(Up by 13%)

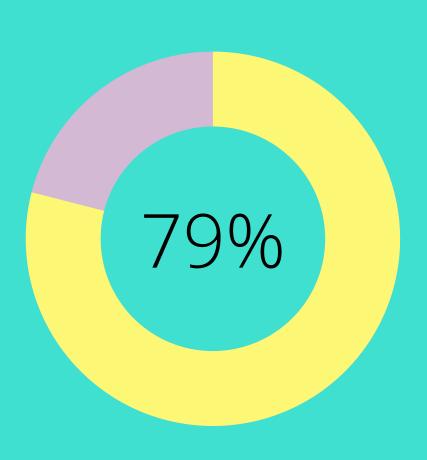


#### (5th to 7th Standard)

**Indicator**: Children who understood that all people are equal

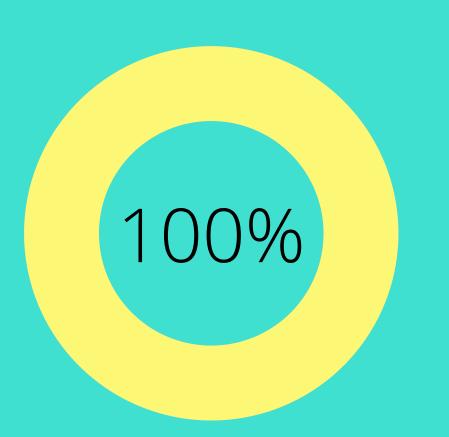


children
understood that
it is not just a
girl's
responsibility to
take care of the
household.
(Up by 12%)

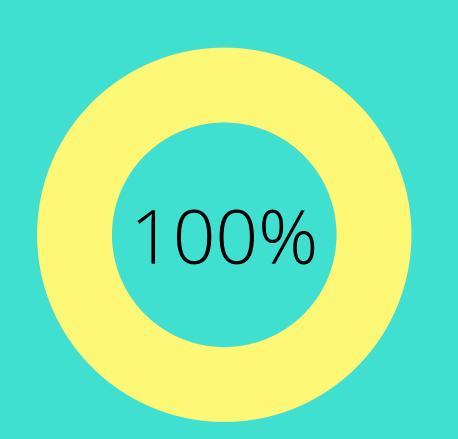


children
understood that
it is just a myth
that boys make
better
sportspersons
than girls.
(Up by 10%)



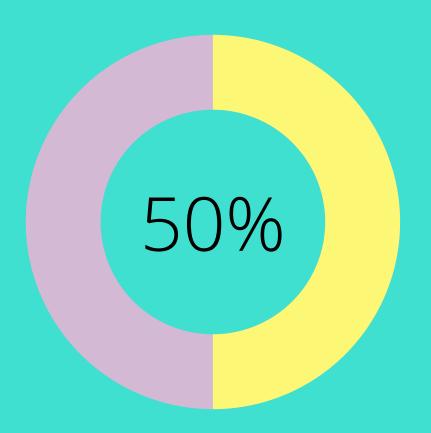


children
understood that
if teacher is
teaching about
private body
parts, they are
not breaking
body safety rule.
(Up by 93%)



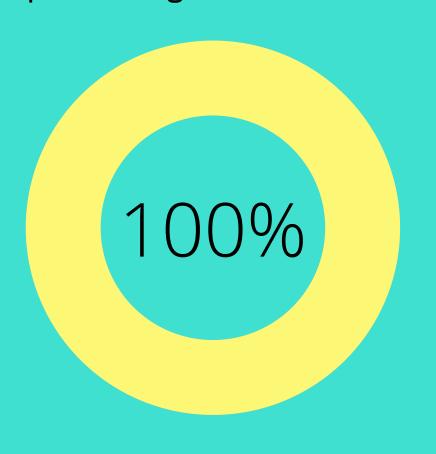
children
understood that
someone
touching them in
a way that
makes them feel
unsafe, is
breaking their
body safety rule.
(Up by 27%)

**Indicator**: Children who were able to identify myths and taboos associated with menstruation



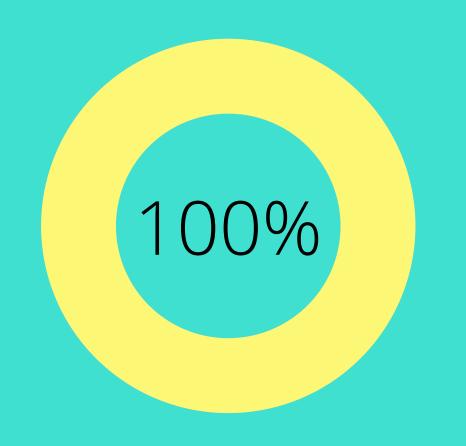
children
understood that
a girl is not
impure during
her period.
(Up by 90%)

**Indicator**: Children who understood puberty



children
understood that
the time when a
child's body
starts changing
into an adult is
called puberty.
(Up by 36%)

Indicator: Children who understood that if their body boundaries are being violated they should say 'no' & get away



children
understood that
if a friend shows
them a video
where no one is
wearing clothes,
they will not
watch the video.
(Up by 36%)

\*Caveat applies





# Be aware of your children's needs and maintain open communication channels



BREAK THE SILENCE TIP #3

## Highlights Of The Year

# We conducted two sessions with Delhi Judicial Academy

- The Psychological impact of CSA on victims and sensitive handling of the witness/victim
- Giving due regard to Mental Health during trials

These sessions were attended by Additional Sessions Judges (ASJ) POCSO and Spl. Fast Track Courts and Prosecutors attached to the courts of ASJ (POCSO) / ASJ (Spl. Fast Track Courts).

Instagram live with Delhi High Court Women's Lawyers Forum emphasising on sensitive handling of children's experience of sexual abuse.



#### Collaboration With BabyChakra

In collaboration with BabyChakra, we conducted three live sessions for their audiences. The sessions were

liked by saved by shared

34000+

12000+

50+

viewers profiles times

BabyChakra is changing the way Indian families raise their children. It is India's fastest growing and largest platform for pregnancy and childcare.



#### Outreach To New Geographies

A webinar on 'Awareness of Child Sexual Abuse in India' was organised for Sahuliyat, a **Kashmir** based organisation. The participants included educators, social workers and care takers.

We conducted an on field awareness programme for teachers from 5 government schools under the Gram Panchayat of Sarola, Kota, Rajasthan.





#### कोटा जिला 18-10-2020

### डाबर स्कूल में बाल यौन शोषण जागरूकता कार्यक्रम का आयोजन



सुल्तानपुर. जागरूकता कार्यक्रम को संबोधित करते अतिथि।

जागरूकता कार्यक्रम हुआ।

मुंबई की रूबरू फाउंडेशन की इस दौरान कई लोग शामिल थे।

सल्तानपर. डाबर गांव के सरकारी ओर से आयोजित किया गया। इसमें में ग्राम पंचायत सारोला के 5 गांव कहा कि बच्चों को उनके मौलिक के स्कूलों के प्रधानाध्यापक व स्टाफ अधिकारों का ज्ञान होना भी जरुरी का एक दिवसीय बाल यौन शोषण है। बाल संरक्षण अधिनियम 2012 के बारे में जानकारी दी। उपस्थित जिसकी अध्यक्षता सरपंच शाला स्टाफ को गुड टच-बेड टच प्रीतिसिंह झाला ने की। कार्यक्रम के बारे में विस्तार से जानकारी दी।

#### **Published Podcasts**

#### **Published Two Podcasts**

- The first podcast 'Shifting the blame from victim to perpetrator' was created by volunteer Naina Lalchandani with Q (Srivatsan), a queer academic, poet, and activist in New Delhi, India.
- The second podcast 'Understanding trauma and its effects on Child Sexual abuse survivors' was hosted by volunteer Rhea Bhandari in conversation with Ritika Pahwa, a mental health professional.

Both these podcasts are available on our SoundCloud and YouTube Channel, "Rubaroo Breaking Silences Foundation"



### Testimonials

"It's an immense pleasure to be associated with Rubaroo Breaking Silences
Foundation since 2017. Rubaroo has been imparting awareness sessions and training
programmes for the community of **Goldcrest High, Vashi** on a sensitive yet very
important topic – Child Sexual Abuse. Our journey so far with team Rubaroo has been
an **enriching experience**. The way they conduct sessions with students, teachers and
parents is commendable. My Body My Safety Programme and Comprehensive
Sexuality Education Programme conducted by them at our school have been **a huge**success. They have an **organized, dynamic and a dedicated team** which is well
versed with the content. The **parents and students** have always provided **positive**feedback for their programmes and always look forward for their sessions."



- Ms Armeet Kaur Sethi, HOD, Counselling Department Goldcrest High, Vashi



"I attended the training session that was conducted by Lisha Chheda, and as a teacher or a facilitator I personally feel the session touched upon every aspect needed to engage our children better. I have implemented an array of tips and pointers that were shared by Lisha. One of the most effective tips was to be vulnerable to the children. This small technique encouraged everyone else to open up and share as well. Apart from that, using tools such as acknowledging their responses, maintaining eye contact, asking open ended questions and encouraging them to use feeling words. All this combined has increased engagement and overall created a safe space for children to learn more and share freely."

- Shreya Sarda, Virtual Facilitator

Lantern Edusports Foundation

(workshop through Saturday Art Class)

## Testimonials

"The one day session on Child sexual abuse we conducted at the **Gram panchayat Sarola** with your team was an **impactful** one.

The government school teachers and principals were **enlightened** on many a fronts regarding child abuse, child psychology and how to identify and protect the children from sexual abuse. They were **motivated to share their personal experiences** and learnings too.

Your team **efforts**, **presentations** and **quality** of information was excellent and we wish you to continue your efforts towards child welfare across India! We appreciate your work done in this less talked about/ taboo field."

- Preeti Singh Jhala Gram Panchayat, Sarola

## Testimonials

"Everything really belongs to everybody and whatever we have excess of, we must share with those who don't. Rubaroo supports a very very important topic which requires help in our country, which is sexual abuse of children, which goes unnoticed and unspoken. I feel help, benevolence and charity is not just in terms of money and security but also for our mental well being and emotional well being and Rubaroo is doing a wonderful job."

- Deepa Sobti Donor

"Being the mother of a 7 year old myself, I know how important it is for every child to have a safe and nurturing childhood. I feel **privileged to support Rubaroo** in their noble cause of trying to make our society a safer and happier place for children. It does an **amazing job** in not only educating the children and youth but the parents too on imparting knowledge and skills to be safe from sexual abuse."

- Sneha Prashant Donor

### Testimonials

"The one thing that I'm definitely taking back from Lisha's session is "to listen". Not only has the focus on empathy and non-verbal cues helped me engage my girls better, but has also made them feel heard. We had a breakthrough last week where we sat down to have a conversation like adults, realizing we've not only established trust and rapport but also created a safe space.

The girls said they didn't want to attend class anymore because they were swamped with classes and work, and we used Socratic style of questioning combined with several other aspects of active listening, and reached a middle ground. We made class non-mandatory, and extremely focused on the girls. We realized we made them feel so heard that 10 of the 16 of them said they want to come in and talk.

Not only have we managed to reach our ultimate goal of SEL and creating a safe space for them to be able to communicate with us so freely, but we've also realized that outcomes do not always come in packages that we expect them to come in. Outcomes can be attained in absolutely different and unexpected ways.

Empathy and feeling words can go a long way!"

- Jill Mota, Virtual Facilitator Prerna (workshop through Saturday Art Class)

## Financials

For the year 2020-21, because programmes were happening predominantly online and the team was working from home we were able to reduce our overall budget by minimising our non-programmatic expenses.

We are proud to say that as much as 90% of the fund utilised was towards programme related activities. The remaining 10% was utilised towards adminitration and other non-programmatic expenses.

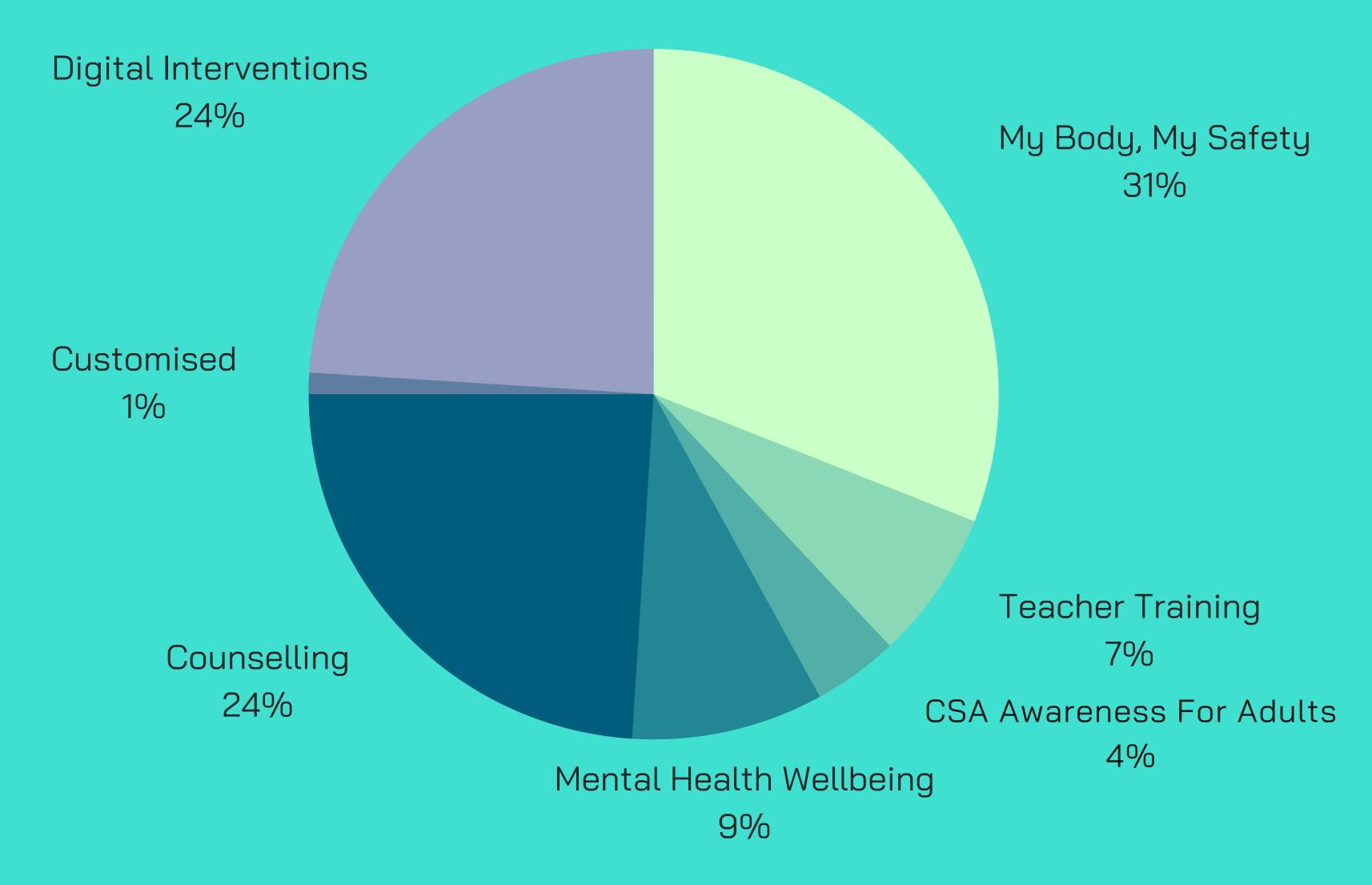
Our total expenditure for the year was Rs. 53,11,200/-.

Detailed financial statements to follow.

90%

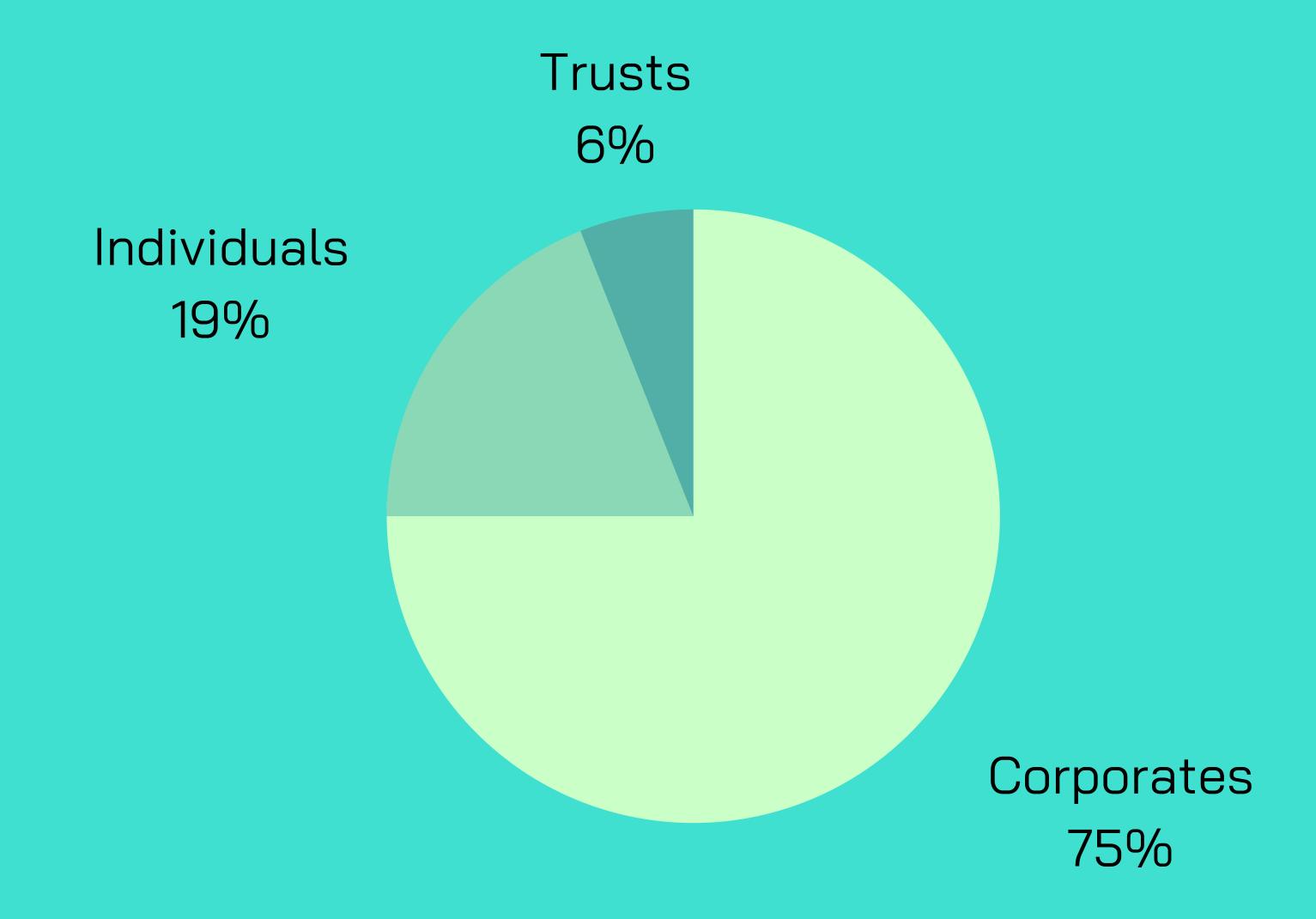
of the total income utilised for the programmatic activities

#### **Expenditure Allocation**



Budget allocation as per various interventions Total expense for the year was Rs. 53,11,200/-

#### Income Source



Total income for the year was Rs. 52,19,292/(Excluding other income) \*Approx. numbers

(A Private Company Limited by Guarantee under Section 8 of Companies Act, 2013)

Balance Sheet as at 31 March, 2021

Particulars	Note No.	As at 31 March, 2021	As at 31 March, 202	
	INO.	Rs	Rs	
EQUITY AND LIABILITIES				
Shareholders' funds				
Reserves and Surplus	3	63,16,304	59,11,985	
Current liabilities				
Other Current Liabilities	4	3,69,960	49,524	
TOTAL		66,86,265	59,61,509	
ASSETS				
Non Current Assets				
Fixed Assets				
Tangible Fixed Assets	5	19,053	61,204	
Current assets				
Cash and Cash Equivalents	6	66,21,712	58,99,320	
Other Current Assets	7	45,500	985	
TOTAL		66,86,265	59,61,509	

See accompanying notes forming part of the financial statements

Chartered

oi

Accountants | m

In terms of our report attached.

For S. P Gupta & Associates

Chartered Accountants

(Firm Reg no 103445W)

(Shashikant Gupta)

Partner

Membership No 031899

Mumbai

Date:08/09/2021

For and on behalf of Board of Directors

(Lisha Chheda)

Director

DIN: 07406533

(Ishita Manek)

Director

DIN: 07686266

(A Private Company Limited by Guarantee under Section 8 of Companies Act, 2013) Statement of Income and Expenditure for the period from 01 April, 2019 to 31 March, 2021

Particulars	Note No.	For the period ended 31 March, 2021	For the period ended 31 March, 2020	
		Rs	Rs	
INCOME				
Donations Received	8	52,19,292	56,13,137	
Other Income	9	2,31,227	93,126	
Total Income		54,50,519	57,06,263	
EXPENDITURE				
Project Expenses	10	47,85,807	62,62,834	
Establishment Expenses	11	4,83,242	2,99,781	
Depreciation	5	42,151	65,224	
Preliminary expenses written off		NIL	18,720	
Total Expenses		53,11,200	66,46,559	
Excess of Income over Expenditure/ (Excess of expenditure over Income)		1,39,320	(9,40,296)	

See accompanying notes forming part of the financial statements In terms of our report attached.

Chartered

o

Accountants (Co)

For S. P Gupta & Associates

Chartered Accountants

(Firm Reg no 103445W) Shashikant Gupta)
rtner
nbership No 031800

Mumbai

Date:08/09/2021

For and on behalf of Board of Directors

(Lisha Chheda)

Director

DIN: 07406533

(Ishita Manek)

Director

DIN: 07686266

(A Private Company Limited by Guarantee under Section 8 of Companies Act, 2013)

#### Notes forming part of the financial statements

Particulars	As at 31 March, 2021	As at 31 March, 2020	
	Rs	Rs	
Note 3 : Reserves & Surplus	-		
Surplus / (Deficit) in Statement of Income & Expenditure			
Balance at beginning of the year		59,04,485	68,44,781
Add: Surplus / (Deficit) for the year		1,39,320	(9,40,296)
Closing balance		60,43,804	59,04,485
Reserve Fund			
Balance at beginning of the year		7,500	7,500
Closing balance		7,500	7,500
Corpus Donations Received			
Balance at beginning of the year		-	-
Add: Received during the year		2,65,000	-
Closing balance		2,65,000	
	Total	63,16,304	59,11,985
Note 4: Other Current Liabilities			
Sundry Creditors for Expenses		3,42,622	49,524
Statutory Dues		27,338	-
	Total	3,69,960	49,524

(A Private Company Limited by Guarantee under Section 8 of Companies Act, 2013)

Notes forming part of the financial statements

#### Note 5 Fixed Assets

(Amount in Rs.)

	Gross Block (at Cost) Gross Block (at Cost)				Depreciation				Net Block			
Sr. No	Particulars	Usefu I Life	As at 1 April, 2020	Addition during the year	Deduction / sales during the year	As at 31 March, 2021	As at 1 April, 2020	For the year 2020- 21	Adjust ments during the year	As at 31 March, 2021	As at 31 March, 2021	As at 31 March, 2020
	Tangible Assets											
1	Computers and Laptops	3.	1,19,204	-		1,19,204	62,182	40,219		1,02,401	16,803	57,022
3	Printers	3	7,224	-		7,224	3,042	1,932		4,974	2,250	4,182
	Total		1,26,428	-	-	1,26,428	65,224	42,151	-	1,07,375	19,053	61,204

Particulars		For the period ended 31 March, 2021	For the period ended 31 March, 2020
		Rs	Rs
	-		
Note 6 : Cash and Cash Equivalents		10.0/0	12.062
Cash on hand		13,063	13,063
Balances with banks- Current Account	T	66,08,649	58,86,257 58,99,320
	Total	66,21,712	56,99,340
Note 7: Other Current Assets		12.097	
Sundry Debtors		42,087	985
Excess TDS Deposited		3,413	985
	Total	45,500	393
		1 2 3 1 1	
Note 8 : Donations Received		50.10.000	E/ 12 122
Voluntary Contributions Received		52,19,292	56,13,137
	Total	52,19,292	56,13,137
Note 9: Other Income			
Honaraium			11,000
Interest Income		1,85,727	82,126
Other Income		45,500	-
	Total	2,31,227	93,126
Note 10 : Project Expenses			
Professional & Technical Fees		35,02,800	53,06,527
Capacity Building Expenses (Counsellor & Health Services)		3,17,790	2,45,040
Donation Given (Direct)		9,60,208	-
Distribution to children		-	23,200
Event Expense		2,000	1,77,811
Field Trip expenses		-	50,635
Printing and stationery		1,410	75,917
Repairs & Maintenance		-	3,455
Scholarship expenses			2,00,000
Travel and Conveyance		1,599	21,399
Website Development charges			1,21,044
Other expenses			37,806
	Total	47,85,807	62,62,834

## Rubaroo Breaking Silences Foundation (A Private Company Limited by Guarantee under Section 8 of Companies Act, 2013)

Particulars	For the period ended ended  31 March, 2021  For the period ended  31 March, 2021
	Rs Rs
Note 11 : Establishment Expenses	
Bank Charges	1,055
Capacity Building expenses (Others)	7,022 45,0
Electricity expense	
Professional & Technical Fees	3,82,302 1,72,2
Repair & Maintenance	- 14,4
Interest on TDS	7 3,9
Payment Gateway Charges	3,128
ROC Charges	1,600 41,4
Software & Subscription expenses	17,327 8,5
Workshop & Training Expense	- 6,5
Other Establishment Expenses	- 6,9
Payments to auditors	70,800
Total	4,83,242 2,99,7

## The Way Forward

Pilot individual sessions telephonically/ on Whatsapp with students

Greater
inclusitivity.
(LGBTQIA+ and other
marginalised
communities)

Develop digital framework for comprehensive virtual programmes on child safety

Retain and build on our service partnerships

Securing more fundraising partnerships

Develop a detailed grievance reporting and handling system internally





# Be vigilant and open to reporting instances of Child Sexual Abuse, reach out to professionals if needed



BREAK THE SILENCE
TIP #4

#### Special Thanks



## Support Us To Safeguard Children

You can **visit our website www.rubarooindia.com** and go through our resources. Share the same with friends and family

**Volunteer With Us**: Mail us on info@rubarooindia.com or rubarooindia@gmail.com

Donate to Rubaroo and help us empower children to keep themselves safe from sexual abuse.

You can visit our website rubarooindia.com to make the donations

## To access our **free body safety course and other resources** you can visit www.rubarooindia.com

#### Thank you!

#### Rubaroo Breaking Silences Foundation

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